

# Meet The Professors

A case-based discussion on the management  
of colorectal cancer in the adjuvant and  
metastatic settings



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from the publishers of

**Colorectal Cancer**<sup>®</sup>  
UPDATE



# Meet The Professors: A case-based discussion on the management of colorectal cancer in the adjuvant and metastatic settings

## STATEMENT OF NEED/TARGET AUDIENCE

Colorectal cancer is among the most common cancers in the United States, and the arena of colorectal cancer treatment continues to evolve. Published results from ongoing clinical trials lead to the emergence of new therapeutic agents and regimens and changes in indications, doses and schedules for existing treatments. In order to offer optimal patient care — including the option of clinical trial participation — the practicing medical oncologist must be well informed of these advances. In order to incorporate research advances into developing treatment strategies for patients, the CME program *Meet The Professors* utilizes case-based discussions between community oncologists and research leaders.

## LEARNING OBJECTIVES

- Critically evaluate the clinical implications of emerging clinical trial data in colorectal cancer treatment and incorporate these data into management strategies in the local and advanced disease settings.
- Counsel appropriately selected patients about the availability of ongoing clinical trials.
- Evaluate the emerging data on various adjuvant chemotherapy approaches, including the use of oxaliplatin-containing regimens, and the use of capecitabine or intravenous 5-FU, and explain the absolute risks and benefits of these regimens to patients.
- Integrate emerging data on biologic therapies into the management of advanced colorectal cancer.

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## CREDIT DESIGNATION STATEMENT

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## Guide to Audio Program

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**Audio Tape 1:** *Side A* — cases from Drs Moriarty and Miranda; *Side B* — cases from Dr Miranda (continued) and Drs Kumar, Jano and Fallon. **Audio Tape 2:** *Side A* — cases from Dr Fallon (continued) and Dr Reeves; *Side B* — case from Dr Reeves (continued)

**Audio Compact Discs:** *CD 1*, Tracks 2-7 — case from Dr Moriarty; Tracks 8-18 — case from Dr Miranda; Track 19 — case from Dr Kumar; Track 20 — case from Dr Jano; Tracks 21-22 — case from Dr Fallon. *CD 2*, Tracks 1-10 — case from Dr Fallon (continued); Tracks 11-22 — case from Dr Reeves

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# Meet The Professors:

Recorded in Miami, Florida, September 29, 2005

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## Faculty



**Peter C Enzinger, MD**

Instructor in Medicine  
Harvard Medical School  
Clinical Director  
Gastrointestinal Cancer  
Center  
Dana-Farber Cancer  
Institute  
Boston, Massachusetts



**George A Fisher, MD, PhD**

Associate Professor of  
Medicine (Oncology)  
Stanford University School of  
Medicine  
Director, Clinical Trials Office  
Stanford University  
Cancer Center  
Stanford, California



**Robert A Wolff, MD**

Associate Professor of Medicine  
Deputy Chairman for Clinical Affairs  
Department of Gastrointestinal  
Medical Oncology  
The University of Texas  
MD Anderson Cancer Center  
Houston, Texas

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## Medical Oncologist Community Panel

**Barbara G Fallon, MD**  
New Britain, Connecticut

**Giuseppe Frascini, MD, FACP**  
Houston, Texas

**Robert Goldberg, MD**  
Pomona, New York

**Ghassan Jano, MD**  
Munster, Indiana

**Kapisthalam S Kumar, MD, FACP**  
New Port Richie, Florida

**Fernando T Miranda, MD**  
Nashville, Tennessee

**Daniel J Moriarty, MD**  
Short Hills, New Jersey

**William G Reeves, MD**  
Youngstown, Ohio

**Gary A Steinecker, MD**  
Oak Lawn, Illinois

**Doron Weiner, MD**  
Merrick, New York

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In addition, the following faculty (and their spouses/partners) have reported real or apparent conflicts of interest that have been resolved through a peer review process:

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## Case Studies

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**Case 1:** A 36-year-old mother of three children with a personal and family history of colonic polyps who presented with an obstructive rectal adenocarcinoma and diffuse metastatic disease in the liver, lung, bone, peritoneum and mesenteric and inguinal lymph nodes (*from the practice of Dr Daniel J Moriarty*)

**Case 2:** A 64-year-old woman with persistent rectal bleeding and severe anemia who presented with locally advanced rectal cancer (*from the practice of Dr Fernando T Miranda*)

**Case 3:** A 51-year-old man who was treated with the Roswell Park regimen in 2001 for a T3/N1 ascending colon carcinoma, which recurred four years later with retroperitoneal lymphadenopathy and multiple pulmonary nodules (*from the practice of Dr Kapisthala S Kumar*)

**Case 4:** A 65-year-old man with a history of hypertension who presented with a sigmoid mass and multiple hepatic metastases (*from the practice of Dr Ghassan Jano*)

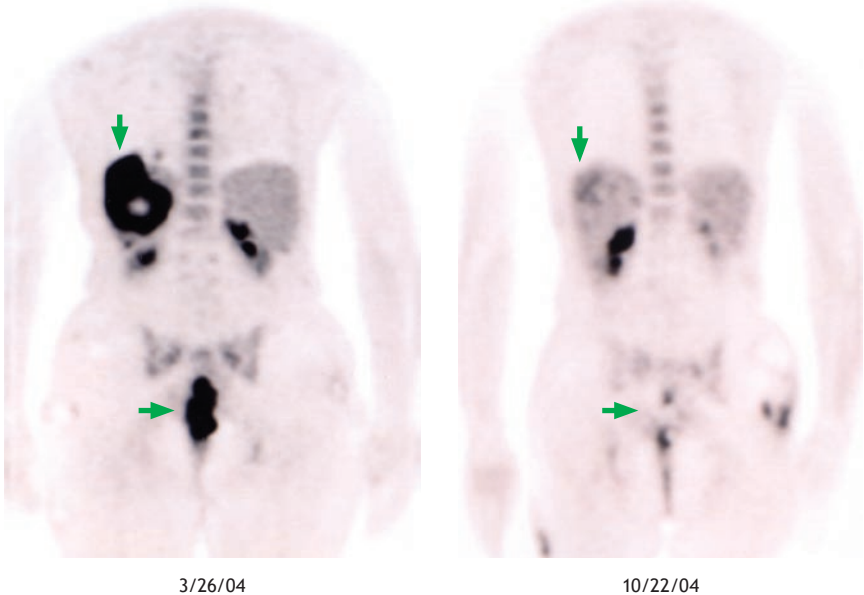
**Case 5:** A 67-year-old woman who was diagnosed with a T4/N0/M0 tumor with central ulceration in the transverse colon and a nodule in the overlying omentum (*from the practice of Dr Barbara G Fallon*)

**Case 6:** A 47-year-old man with multiple surgical resections and systemic therapies for recurrent metastatic colorectal cancer to diverse organ sites (*from the practice of Dr William G Reeves*)

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### Case 1: Pretreatment and Post-treatment Imaging

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PET scans demonstrating decreased activity at primary (→) and metastatic (↓) sites of rectal carcinoma following treatment with FOLFOX and bevacizumab: Bevacizumab was then discontinued, and the patient was treated with radiation therapy to the rectum and continuous 5-FU. The patient was then switched to capecitabine plus bevacizumab. A repeat PET-CT study six months later revealed continued tumor response in the liver. The CEA, which was over 3,000 ng/mL at diagnosis, is now 3 ng/mL.

Evaluation Form: *Meet The Professors*, Issue 5, 2005

Research To Practice respects and appreciates your opinions. To assist us in evaluating the effectiveness of this activity and to make recommendations for future educational offerings, please complete this evaluation form. A certificate of completion will be issued upon receipt of your completed evaluation form.

Please answer the following questions by circling the appropriate rating:

5 = Outstanding      4 = Good      3 = Satisfactory      2 = Fair      1 = Poor      N/A = Not applicable to this issue of *MTP*

**GLOBAL LEARNING OBJECTIVES**

To what extent does this issue of *MTP* address the following global learning objectives?

- Critically evaluate the clinical implications of emerging clinical trial data in colorectal cancer treatment and incorporate these data into management strategies in the local and advanced disease settings . . . . . 5 4 3 2 1 N/A
- Counsel appropriately selected patients about the availability of ongoing clinical trials . . . . . 5 4 3 2 1 N/A
- Evaluate the emerging data on various adjuvant chemotherapy approaches, including the use of oxaliplatin-containing regimens, and the use of capecitabine or intravenous 5-FU, and explain the absolute risks and benefits of these regimens to patients. . . . . 5 4 3 2 1 N/A
- Integrate emerging data on biologic therapies into the management of advanced colorectal cancer . . . . . 5 4 3 2 1 N/A

**EFFECTIVENESS OF THE INDIVIDUAL FACULTY MEMBERS**

Faculty	Knowledge of subject matter					Effectiveness as an educator				
Peter C Enzinger, MD	5	4	3	2	1	5	4	3	2	1
George A Fisher, MD, PhD	5	4	3	2	1	5	4	3	2	1
Robert A Wolff, MD	5	4	3	2	1	5	4	3	2	1

**OVERALL EFFECTIVENESS OF THE ACTIVITY**

Objectives were related to overall purpose/goal(s) of activity . . . . .	5	4	3	2	1
Related to my practice needs . . . . .	5	4	3	2	1
Will influence how I practice . . . . .	5	4	3	2	1
Will help me improve patient care . . . . .	5	4	3	2	1
Stimulated my intellectual curiosity . . . . .	5	4	3	2	1
Overall quality of material . . . . .	5	4	3	2	1
Overall, the activity met my expectations . . . . .	5	4	3	2	1
Avoided commercial bias or influence . . . . .	5	4	3	2	1

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Evaluation Form: *Meet The Professors*, Issue 5, 2005

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Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Degree:  MD  DO  PharmD  RN  NP  PA  BS  Other \_\_\_\_\_

Medical License/ME Number: \_\_\_\_\_ Last 4 digits of SSN# (required): \_\_\_\_\_

Street Address: \_\_\_\_\_

Box/Suite: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

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I certify my actual time spent to complete this educational activity to be \_\_\_\_\_ hour(s).

Signature: \_\_\_\_\_

**Will the information presented cause you to make any changes in your practice?**

Yes  No

**If yes, please describe any change(s) you plan to make in your practice as a result of this activity.**

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**What other topics would you like to see addressed in future educational programs?**

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**What other faculty would you like to hear interviewed in future educational programs?**

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**Additional comments about this activity:**

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FOLLOW - UP

**As part of our ongoing, continuous, quality-improvement effort, we conduct postactivity follow-up surveys to assess the impact of our educational interventions on professional practice. Please indicate your willingness to participate in such a survey:**

Yes, I am willing to participate in a follow-up survey.

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# Meet The Professors

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